**Curriculum Vitae**

**Dr. (Hons) George Joseph V**

**Counseling Psychologist**



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# EXPERIENCES

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**EDUCATION**

### Counseling Psychologist (Remote)

 September 2022- September 2022  Bengaluru, Karnataka, India

**Worked as online Counseling Psychologist:**

* **Manochikitsa Online Counseling & Therapy**
* **TalktoAngel**
* **Manastha Health Solutions Pvt Ltd**
* **Freelancer**
* Working as a volunteer counselor (part time) for suffering cancer patients and their care givers with Indian Cancer Society, Bangalore from 2019 till date.
* Worked as a motivator for under privileged children with

Make A Difference, Ashwini Charitable Trust, and many other NGOs.

* Worked in Indian Air Force for 20 years.

## Development Quality: -

* Good Listener
* Compassionate
* Open-Minded
* Optimistic
* Knowledge of Psychological Theory and practice.
* Providing Online Counseling.
* Life Skills

**Cases Handling**

* Depression
* Stress, Exam stress
* Sexual addiction, sexual Harassment.
* Relationship Problems.
* Career Problems
* Anxiety
* OCD
* Parenting
* Phobia
* Self-Improvement
* Self Esteem
* Adjustment
* Bipolar Disorder

# COUNSELING SKILLS

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Strategic Planning | Empathetic | Confidentiality | Trust & Relationship Building | Team Motivation & Performance |
| Critical Thinking | Leadership | Record keeping | Autonomous & Flexible | Communication & listening |
| Targets & Deadlines | Multi –  Tasking | Active Listening | Problem Solving | Good social skills |

**Post Graduate Diploma in NGO Management**

Place: Bangalore, India

Date: 02 March 2024

Annamalai University Tamil Nadu

 2021 -22

**MSC in Counselling and Family Therapy** IGNOU  New Delhi

2019-21. Secured 71% Marks



**Master of Arts (Sociology)**

Maharshi Deyanand Swaraswati University

Ajmer, Rajasthan

1998 – 2000



**Master Of Arts (English)**

**Kakatiya University**

1992 - 1994 Warangal**,** A.P,India

Graduation (BA)

**Kakatiya University**

1992 Warangal**,** A.P,India

**ACHIEVMENTS**

**Ph.D. in Psychology (Hons) from Global Human Peace University.**

**CERTIFICATE COURSES**

* Clinical Psychology Internship from Mental Health and Behavioral Sciences Fortis Health Care Ltd
* Cancer Counselling workshop.
* Workshop on Emerging Trends in Treatment of Addiction Behavior (RCI Programme) at Cadabams, Bengaluru.
* Completed more than 50 short term courses in Psychology.

# POLYGLOT

### ENGLISH Proficient

### HINDI Proficient

### MALAYALAM Native

### TAMIL Intermediate

### KANNADA Intermediate